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2019 TRI For LIFE

Sunday, April 28th 2019

Registration fees: Early Bird Reg. (Deadline March 31st)
 \$65 Individual; \$85 Relay Team
 Registration (Deadline April 18th)
 \$75 Individual; \$95 Relay Team

Online Reg.: hempfieldrec.com
 Mail to: Hempfield recCenter
 950 Church Street, Landisville, PA 17538

EVENT INFORMATION

Date: Sunday, April 28, 2019
 Time: 8:00 am
 Location: Hempfield RecCenter
 950 Church Street
 Landisville, PA 17538

Swim: Indoor 300M lap swim
 Bike: 16 miles rolling hills
 Run: Three miles flat course
 Start: Individual time trial start
 Packet Pickup: Saturday, April 27, 2-4 pm

Awards: Overall Male (Cash Award)
 Overall Female (Cash Award)
 Top Three Age Groups (Award)
 Top Relay Team (Awards)

Email Contact: jmcglaughlin@hempfieldrec.com

PARTICIPANT INFORMATION

Individual Registration: First name: _____ Last name: _____ M.I. _____
 Street address: _____ Apt. # _____
 City: _____ State: _____ Zip: _____
 Primary phone: (____) _____ Email: _____
 Date of birth (mm/dd/yyyy): _____ Age on race day: _____
 Emergency contact name: _____ Emergency phone: (____) _____
 Estd. 300M swim time (Swim times for used for starting order—last date to change 4/18.) Swim time 300M _____

First Triathlon?: Yes No Gender: Male Female

Age Grp: Under 19 (Must be 13yrs) Age 20-29 Age 30-39 Age 40-49 Age 50-59 Age 60+

T-Shirt: Men's Women's ----- Small Medium Large X-Large XX-Large

Team Registration: Team Name: _____

Swimmer: _____ 300M Swim Time _____ T-Shirt: Men's Women's / S M L XL XXL

Cyclist: _____ T-Shirt: Men's Women's / S M L XL XXL

Runner: _____ T-Shirt: Men's Women's / S M L XL XXL

Team Captain: _____ Email: _____

Address: _____ Phone: (____) _____