



June 8—July 31

AQUATIC SCHEDULE for Hempfield recCenter Indoor Pool / Outdoor Feature Pools Aquatic Group Ex. (included with membership), Lap Lanes and Family Swim

Monday

Morning

5:00-7:00 Lap Swim - 6 lanes
 7:00-8:00 Deep H2O
 8:00-10:00 Swim Team
 10:00-11:00 SwimAmerica™ Preschool
 11:00-12:00 SwimAmerica™ School-Age

Afternoon

12:00-7:00 Family Swim, Lap Swim
 12:00-8:00 *Outdoor Feature Pool
 7:00-8:00 SS Shallow
 8:00-9:30 Family Swim

Tuesday

Morning

5:00-6:00 Lap Swim - 6 lanes
 6:00-7:00 HydroFit
 7:00-8:00 SS Shallow
 8:00-10:00 Swim Team
 10:00-11:00 SwimAmerica™ Preschool
 11:00-12:00 SwimAmerica™ School-Age

Afternoon

12:00-7:00 Family Swim, Lap Swim
 12:00-8:00 *Outdoor Feature Pool
 7:00-8:00 Deep H2O
 8:00-9:30 Family Swim

Wednesday

Morning

5:00-7:00 Lap Swim - 6 lanes
 7:00-8:00 Deep H2O
 8:00-10:00 Swim Team
 10:00-11:00 SwimAmerica™ Preschool
 11:00-12:00 SwimAmerica™ School-Age

Afternoon

12:00-7:00 Family Swim, Lap Swim
 12:00-8:00 *Outdoor Feature Pool
 7:00-8:00 Water Running (2 lanes)
 8:00-9:30 Family Swim

Thursday

Morning

5:00-6:00 Lap Swim - 6 lanes
 6:00-7:00 HydroFit
 7:00-8:00 SS Shallow
 8:00-10:00 Swim Team
 10:00-11:00 SwimAmerica™ Preschool
 11:00-12:00 SwimAmerica™ School-Age

Afternoon

12:00-7:00 Family Swim, Lap Swim
 12:00-8:00 *Outdoor Feature Pool
 7:00-8:00 HydroFit
 8:00-9:30 Family Swim

Friday

Morning

5:00-7:00 Lap Swim - 6 lanes
 7:00-8:00 SS Shallow
 8:00-10:00 Swim Team
 10:00-11:00 SwimAmerica™
 10:00-11:00 Day Camp
 11:00-12:00 Private Lessons

Afternoon

12:00-9:30 Family Swim, Lap Swim
 12:00-8:00 *Outdoor Feature Pool
 6:00-9:30 Private Lessons
 8:00-9:30 Family Swim

Saturday

Morning

7:00-8:00 Lap Swim - 6 lanes
 8:00-9:00 Deep H2O/Shallow
 9:00-10:00 Aqua Tots
 10:00-12:00 Private Lessons, Lap Swim

Afternoon

12:00-6:30 Family Swim, Lap Swim
 12:00-6:30 *Outdoor Feature Pool

Sunday

Morning

7:00-11:00 Lap Swim - 6 lanes
 11:00-12:00 Private Lessons, Lap Swim

Afternoon

12:00-6:30 Family Swim, Lap Swim
 12:00-6:30 *Outdoor Feature Pool

Schedule is subject to change due to special events or extenuating circumstances.

Please sign up to receive our e-mail notifications for the latest updates delivered right to your in-box!

For detailed class descriptions, visit hempfieldrec.com

LAP LANE AVAILABILITY

No lap lanes during swim team practice 8:00 to 10:00 am. One lap lane will be available during group water aerobics and SwimAmerica™

POOL CLOSURES

Pool hours are subject to change due to weather, meets and special events. Please visit hempfieldrec.com for the most up-to-date information.

CHILDREN

Children ages 12 and under must be accompanied by an adult.

Infants and toddlers must wear a swim diaper.

Swim tests will be conducted by lifeguards. Minors of any age who cannot swim 25 meters with their face in the water in a strong manner, or who need any type of flotation device must be accompanied by an adult in the water. The adult must be within reach of their non-swimmer at all times.

CONTACT:

Deb Pelen, Aquatics Director 717-898-3102 ext 137
 or dpelen@hempfieldrec.com