



May 20—June 7

AQUATIC SCHEDULE for Hempfield recCenter Indoor Pool / Outdoor Feature Pools Aquatic Group Ex. (included with membership), Lap Lanes and Family Swim

Monday

Morning

5:00-7:00 Lap Swim - 6 lanes
7:00-8:00 Deep H2O
8:00-12:00 Private Lessons, Lap Swim

Afternoon

12:00-5:30 Family Swim, Lap Swim
12:00-8:00 *Outdoor Feature Pool
5:30-7:00 Swim Team Practice
7:00-8:00 SS Shallow
8:00-9:30 Swim Team Practice

Tuesday

Morning

5:00-6:00 Lap Swim - 6 lanes
6:00-7:00 HydroFit
7:00-8:00 SS Shallow
8:00-12:00 Private Lessons, Lap Swim

Afternoon

12:00-5:30 Family Swim, Lap Swim
12:00-8:00 *Outdoor Feature Pool
5:30-7:00 Swim Team Practice
7:00-8:00 Deep H2O
8:00-9:30 Swim Team Practice

Wednesday

Morning

5:00-7:00 Lap Swim - 6 lanes
7:00-8:00 Deep H2O
8:00-12:00 Private Lessons, Lap Swim

Afternoon

12:00-5:30 Family Swim, Lap Swim
12:00-8:00 *Outdoor Feature Pool
5:30-7:00 Swim Team Practice
7:00-8:00 Water Running (2 lanes)
8:00-9:30 Swim Team Practice

Thursday

Morning

5:00-6:00 Lap Swim - 6 lanes
6:00-7:00 HydroFit
7:00-8:00 SS Shallow
8:00-12:00 Private Lessons, Lap Swim

Afternoon

12:00-5:30 Family Swim, Lap Swim
12:00-8:00 *Outdoor Feature Pool
5:30-7:00 Swim Team Practice
7:00-8:00 HydroFit
8:00-9:30 Swim Team Practice

Friday

Morning

5:00-7:00 Lap Swim - 6 lanes
7:00-8:00 SS Shallow
8:00-12:00 Private Lessons, Lap Swim

Afternoon

12:00-5:30 Family Swim, Lap Swim
12:00-8:00 *Outdoor Feature Pool
5:30-7:00 Swim Team Practice
7:00-8:00 Family Swim
8:00-9:30 Swim Team Practice

Saturday

Morning

7:00-8:00 Lap Swim - 6 lanes
8:00-9:00 Deep H2O/Shallow
10:00-12:00 Private Lessons, Lap Swim

Afternoon

12:00-6:30 Family Swim, Lap Swim
12:00-6:30 *Outdoor Feature Pool

Sunday

Morning

7:00-11:00 Lap Swim - 6 lanes
11:00-12:00 Private Lessons, Lap Swim

Afternoon

12:00-6:30 Family Swim, Lap Swim
12:00-6:30 *Outdoor Feature Pool

Schedule is subject to change due to special events or extenuating circumstances.

Please sign up to receive our e-mail notifications for the latest updates delivered right to your in-box!

For detailed class descriptions, visit hempfieldrec.com

LAP LANE AVAILABILITY

No lap lanes during 5:30-7:00 pm swim team practice. One lane will be open during the 8:00-9:30 pm swim team practice. One lap lane will be available during group water aerobics. Two lanes will be available during Family Swim.

POOL CLOSURES

Pool hours are subject to change due to weather, meets and special events. Please visit hempfieldrec.com for the most up-to-date information.

CHILDREN

Children ages 12 and under must be accompanied by an adult.

Infants and toddlers must wear a swim diaper.

Swim tests will be conducted by lifeguards. Minors of any age who cannot swim 25 meters with their face in the water in a strong manner, or who need any type of flotation device must be accompanied by an adult in the water. The adult must be within reach of their non-swimmer at all times.

CONTACT:

Deb Pelen, Aquatics Director 717-898-3102 ext 137
or dpelen@hempfieldrec.com

*Our Outdoor Feature Pools Open May 25th

Includes a wading pool (ages 5 and under) and water feature pool (ages 12 and under) with zero depth to two feet. Parents, please obtain consent from management for children older than 12 to play in the feature pool.