

Programs are offered for residents and non-residents, Hempfield Rec Center members and non-members.



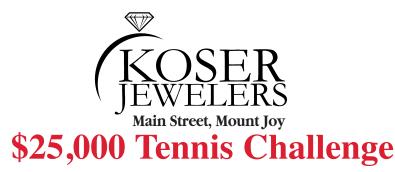
Calling all junior tennis players ages 12 to 18 to our all-night junior tennis lockin. Tennis, Fun, Food and Prizes are all included in our all-night extravaganza! Starting Jan. 30th at 10 p.m. and ending Jan. 31st at 6 a.m., juniors will compete in a number of different events including ping pong, dodgeball, and basketball into the early hours of the morning. Event winners will receive VIP access to one of our feature matches during the Koser Jewelers \$25,000 Tennis Challenge in August. Once play has finished everyone will head to the gym where a projector will show the Australian Open Men's Final. Proceeds help support the Koser Jewelers \$25,000 Tennis Challenge.

10 and Under JTT Spectacular! We also want to invite all juniors ages 8-10 to compete in their own Junior Team Tennis Tournament. Starting at 8 p.m. and ending at 11 p.m., 10 and under juniors can compete in a JTT-style tournament. All participants will play singles, doubles and mixed doubles. Following the competition, snacks will be provided.

Please bring a non-perishable food item to donate as well, which will benefit local food banks.

Saturday, Jan. 30, 10 p.m.–Sunday, Jan. 31, 6 a.m. #15091 14 and Under JTT #15092 18 and Under JTT Fee: \$35 Pre-Registration \$45 Registration after Jan. 17

Saturday, Jan. 30, 8–11 p.m. #15093 10 and Under JTT Fee: \$15 Pre-Registration \$20 Registration after Jan. 17



A USTA PRO CIRCUIT EVENT

August 7–14, 2016

If you are looking to get involved we are looking for new volunteers in 2016. A few positions include court monitor, player services, and scoreboard operator. Contact Wilson at wpipkin@hempfieldrec.com for more information.

Winter/Spring 2016

HEMPFIELD AREA RECREATION COMMISSION 37



Junior Tennis

QuickStart Stars (8 yrs. and younger)

PREMIER FACILITY

The USTA QuickStart Tennis format works by getting kids into the game immediately. Within the first hour of stepping onto the court, they are actually playing the game, rallying with one another, moving around and having fun. We use transition balls that bounce at a height equal to kids' playing abilities. This allows for better and longer rallies and allows them to build all-court games.

Future Stars (14 yrs. and younger)

This clinic is split into three different ability levels. Beginning on court one we use the USTA QuickStart format, but the difficulty level increases and more points are played. On court two we begin using traditional balls and work on transitioning to the new balls and the juniors stroke production. On court three the players start playing more points as we begin preparing the juniors to play matches and eventually, tournaments.

| Winter/Spring—Beginning Jan. 4 | |
|--------------------------------|---|
| QuickStart Stars | Mondays, 5:30–6:30 p.m. Saturdays, 9:30–10:30 a.m. |
| Future Stars | Mondays, 5:30–6:30 p.m. Saturdays, 9:30–10:30 a.m. |
| \$9/Member; \$12/Non-Member | |



The focus of this clinic is on tactics, strategy, and some stroke production. We work to develop a core group of juniors who can compete against one another as well as travel together to tournaments and other competitive events. This clinic uses the USTA HP (High Performance) format which employs fed ball drills, live ball drills and point play to maximize each player's concept comprehension and performance on the court. Hempfield Rec also offers a great opportunity for all juniors to hone their competitive skills through structured match play. Match play is only offered on select dates for the Super Stars.

- Orange HP—Designed for juniors ranging in age from 8 to 10 years old who are competing in tournaments. This group uses the USTA orange transition ball and a shorter 60' court.
- Green HP—Designed for juniors ranging in age from 10 to 12 years old who are competing in tournaments. This group uses the USTA green dot transition ball and plays on a full 78' court.
- HP Stars—Intended for juniors 12 to 18 years old who are competing in district and sectional tournaments as well as competing on high school teams.

| Winter/Spring—Beginning Jan. 5 | |
|---|------------------------------------|
| Super Stars | Tuesday & Thursday, 4:30–6:30 p.m. |
| Daily Fee: \$16/Member; \$19/Non-Member Weekly Fee: \$30/Member; \$36/Non-Member | |



Junior Tennis



High School Stars

This high performance clinic is open to current high school letter winners and by invitation only. Our certified Pro's strive to help players hone their skills through drills, conditioning and structured point play. We intend to develop players through a clearly defined training structure as well as through the implementation of a comprehensive coaching philosophy and structure.

| Winter/Spring—Beginning Jan. 6 | |
|--------------------------------|-------------------------|
| High School Stars | Wednesdays, 4:30–6 p.m. |
| \$13/Member; \$16/Non-Member | |

JUNIOR MATCHPLAY

This fall and winter Hempfield Rec Center will be offering a great opportunity for all junior tennis players to learn how to play tennis matches, or to hone their competitive skills. Match play will be split between the 10 and under format and traditional tennis format.

Match Times: Sundays 5:30–7 p.m. **FutureStars dates:** Jan. 17 & 31, Feb. 14 & 28, March 13, April 3 & 17 **SuperStars dates:** Jan. 10 & 24, Feb. 7 & 21, March 6 & 20, April 10 & 24 Daily Fee: \$6M/\$8NM (at Front Desk)

TINY TOTS TENNIS

Introduce your child to the "Sport of a Lifetime." Designed for 3–4 year olds, we will show them tennis through hand-eye coordination, footwork and agility. Limited to 14 participants per session.

Mondays, 5–5:30 p.m. #15088 Jan. 25–Feb. 29 #15089 March 7–April 11 #15090 April 18–May 23 Fee: \$38M/\$43NM per session



