

Elementary X-Country Run for Fitness

Date: Monday, September 23, 2019
Time: 5:15-7:00 pm rain or shine event
Location: Centerville Middle School Field Area
Cost: **FREE!**



ITINERARY (Please arrive by 20 minutes prior to your race time to sign in.)

- 5:15 pm - Sign-in at CMS Field
- 5:30 pm - Kindergarten (¼ mile)
- 5:38 pm - 1st grade (¼ mile)
- 5:46 pm - 2nd grade (½ mile)
- 5:54 pm - 3rd grade (½ mile)
- 6:02 pm - 4th grade (½ mile)
- 6:10 pm - 5th grade (½ mile)
- 6:18 pm - 6th grade (½ mile)

Awards will be presented after each race. Top five finishers (boys & girls separate) in each race will qualify for the Lancaster County Elementary X-Country Championship held 2:00 pm Sunday, October 6, at Garden Spot High School

------(Detach & return to Hempfield recCenter, 950 Church St. Landisville 17538)-----

Elementary X-Country Run for Fitness - Program #152402

_____ Boy Girl Birth Date: _____ Age _____
Last Name, First Name

_____ (_____) _____
Address (include ZIP) Primary Phone

Residency: E. Hempfield W. Hempfield E. Petersburg Mountville Nonresident

_____ _____
Elementary School Grade

Waiver of Liability: I, the above named candidate for participation in the above named activity, hereby waive any claim for bodily injury or property damage against the Hempfield recCenter, its agents, servants, and/or employees, while a participant in the above named activity. I also permit the Hempfield recCenter to use any media of me or my child(ren) for promotional purposes.

Parent/Guardian Name (please print): _____ Email: _____

Signature: _____ Date: _____



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